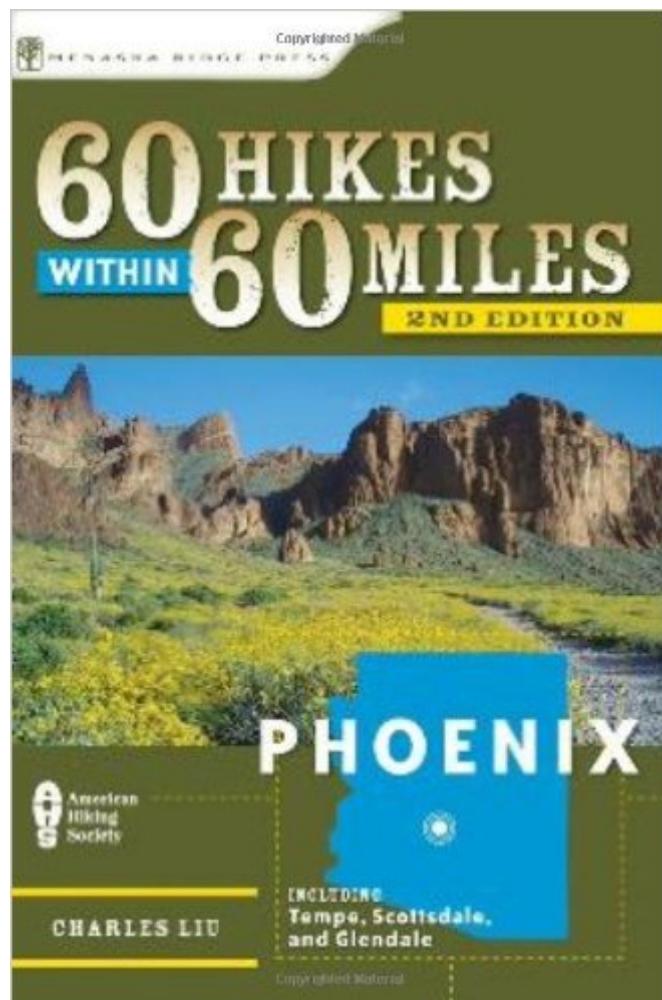


The book was found

60 Hikes Within 60 Miles: Phoenix: Including Tempe, Scottsdale, And Glendale



Synopsis

With more than 4 million people, the Phoenix metropolitan area is one of the country's largest. Surprisingly, it's also one of the most diverse and dramatic for hikers, with scenic destinations ranging from area parks, greenbelts, and preserves to high and low deserts and breathtaking mountains. This easy-to-use guide features the best scenic day hikes, determined by author Charles Liu using state-of-the-art GPS technology. These hikes are geared to every skill level, whether it's a comfortable stroll for the family or a tricky trek for the more fearless hiker. Stretching from Hidden Valley to the south to the Superstition Wilderness to the north, the book contains clear trail maps and profiles complemented by detailed descriptions and useful at-a-glance information. All roughly within an hour's drive of the Valley of the Sun, the trails highlighted in this updated edition begin right inside the city limits with popular Camelback Mountain.

Book Information

Series: 60 Hikes within 60 Miles

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Customer Reviews

The first time I climbed Camelback Mountain via the Echo Canyon trail I came to a new understanding of the word "steep." The trail rises in excess of 1,000 feet per mile and that includes a relatively level section. But Camelback Peak is hardly alone among the rigorous hikes and climbs in the Phoenix area. Many of the trails in the Phoenix Mountains are incredibly steep with no shade and few convenient rest spots. However, they also offer stellar views of the Valley of the Sun and some of the best off season recreation in the western US. They are also covered in detail in Charles Liu's new addition to the '60 Hikes within 60 miles' series from Menasha Ridge Press. Like other

books in the series, this volume has a lot to recommend it. It includes a useful introduction on the basics of hiking and how to use a GPS unit. Hikes are organized by geographical region (within Phoenix, suburbs, and areas to the northeast and northwest, as well as south of the city) and each hike contains key "at-a-glance" information such as distance, elevation, approximate hiking time, and, relatively unique to Phoenix, how many quarts of water you will need if you wish to survive the experience. I might add here that some of the information can be redundant. Under the heading "exposure" virtually every hike lists shade as "none" or "very little." Liu deserves a lot of credit for his careful maps that accompany the trail descriptions. These were recorded by hand-held GPS and plotted onto downloaded topographical maps. Based on the trails I have hiked that are described in this book, these maps are excellent. In all, this is a great book if you are a Phoenix resident or regular visitor seeking hikes in the off season. (I fall into the latter category.)

Have you ever purchased a guide and found yourself wondering if the author actually visited the site, and if he did, why he didn't provide more information? That will not be your experience with this book, 60 Hikes Within 60 Miles: Phoenix. The author, Charles Liu, gives a wealth of information for each hike with detailed maps, charts showing the elevation gain/loss, key at-a-glance trail info, GPS coordinates, and more. Each trail is described "In Brief" with a sentence or two, then expanded upon in usually 2+ pages of well-written prose, describing every aspect of the hike. Most descriptions also feature a black and white photo of the trail, scenery, or a unique feature of the hike. Each hike's description ends with a paragraph of describing additional nearby activities. Included in the book's 20+ pages of introductions and prefaces, there are particularly useful lists that make it easy to find the kind of hike one might be looking for. Want a scenic, solitary hike that is 4-6 miles, on a multi-use trail by a stream? Try the Vineyard Trail. Or a 1-3 mile flat dog-friendly trail that is good for viewing wildlife and ends in a swimming hole? Try the Badger Springs Wash Trail. Or a scenic, solitary high-altitude 9+ mile steep hike alongside a stream? Try Reavis Ranch via Rogers Trough Trailhead. Also charted are hikes with scrambling or climbing, those with archaeological ruins, those best for children, hikes best for wildflowers, those for regular workouts and hikes for runners. The book ends with a short-but-useful appendix section, listing where to locally find hiking supplies, maps, and hiking clubs, and a glossary of both general hiking terms and ones that might be fairly particular to Arizona (like hoodoo and javelina).

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